

Men's Basketball League Rules & Regulations

Basketball

Inline Hockey

Volleyball

Indoor Soccer

Baseball

Softball

Hitting Tunnel

Floor Hockey

Football

Rugby

Aerobics

Lacrosse

Tennis

Golf

General

- **No rough play or abusive language is permitted. Abuse of officials, referees, and other staff will not be tolerated. Any behavior deemed unacceptable by staff/refs will result in suspension and/or ejection from a game or the league. Anyone who throws a punch (under any circumstances) will be kicked out of the league without refund, as well as being banned from the Fieldhouse for life.**

- Game starts with a jump ball. All subsequent jump balls will be alternating possession.
- Playoffs will be single elimination.
- Three-point shots are in effect.
- Backcourt violations are in effect.
- Regarding free throws, players may enter the lane as soon as the ball is released.
- IHSA rules apply to any areas not specifically covered on this sheet.

Time

- Two twenty minute halves, separated by a three-minute halftime.
- Clock stops only in last two minutes of the second half. If a team is trailing by 20 points or more the clock will not stop in the last two minutes of the second half.
- Each team gets two timeouts per half. Timeouts do not carry over from the first half.
- Overtime period is two minutes. Clock stops only in the last minute of overtime. Each team gets one additional timeout for the overtime session.

Foul

- All personal and technical fouls will count as team fouls.
- One-and-one free throws will be awarded on the 7th foul in a half.
- Two free throws will be awarded on the 10th foul in a half.
- Anyone receiving two technical fouls in one game will be immediately ejected from the game.
- Any team receiving three technical fouls (including personal-technical fouls & team-technical fouls) will immediately result in forfeiture of the game.

Forfeit Time

- A ten-minute grace period will be given for all games of the day. Once game time arrives, as soon as four players for both teams are present, the game will begin.
- Ten minutes after the hour is forfeit time! A forfeit will be called if a team has fewer than four players at tip-off. All players must be dressed, on the floor and ready to play at this time. Street shoes will not be permitted during game play.

Playoff Eligibility

- In order to be eligible for playoffs, a player must be on the roster and in attendance at a minimum of two regular-season games.

